



Newsletter – Sept. 8, 2022



Welcome Back!!!

It's a pleasure to see so many smiling faces!



We're back STRONG!

Over 425 People Program participants have begun the Fall session with high energy and enthusiasm. Teachers and students are enjoying the benefits of continued learning and social connection that are vital for the healthy aging journey. Let's have a great semester!

The Fall session runs from August 22 through December 9, with a week off for Thanksgiving (November 21 – 25).

Important Dates and Announcements

Tuesday, September 13: 11am-12:25 am: Westbank Monthly Lecture Series

Jeanette Bell opened up her first teaching garden in New Orleans in 2013. The garden was created to provide local residents with the knowledge and hands-on experience to start their own businesses. Gert Town residents have been delighted to turn unsightly vacant lots into verdant, urban

“Gardening with Jeanette Bell”



farms producing fruits vegetables and flowers. Jeannette continues to use her expertise in developing neighborhoods in the ninth ward. We salute you, Jeannette!

Derek Grantz from Senior Healthcare Advisors will present important info on Medicare basics on the following dates:

Tuesday, September 13: Westbank 10 am

Wednesday, September 14: Eastbank 11 am

Refreshments will be served!



Pickleball!

Pickleball on the Westbank has moved to Tuesdays at Behrman Park – 2529 General Meyer (1:30 – 3 pm) – where we have access to three newly resurfaced courts. If all goes well, there may be an opportunity for two sessions in the Spring.

Thanks to Carole Boster for donating a pickleball net!



Flu shots will be available from Walgreens on both campuses on the following dates:

Eastbank: Thursday, October 6 (9 – 11 am)

Westbank: Tuesday, October 11 (10 am - noon)

Provided forms will need to be filled out.

Eastbank Sewing Notions Sale

Monday, Sept 19 - Sept 22



Fill a small lunch bag and pay \$5, or fill a large bag for \$10.

🍂 It's Fall Fest Time! 🍂

Both campuses will celebrate the season in fun and varied ways:

The **Westbank campus** will conduct a **special raffle from October 17 - October 20**.

See Doris for ticket prices. A tasty bake sale will also occur. Donations are welcomed!

Also, **on Wednesday, November 9**, a delicious lunch will be served to celebrate the

Thanksgiving season. Ticket prices and availability TBA.

The **Eastbank campus** will conduct an **on-campus boutique October 17 – 20**.

Members of various stitchery classes have already begun creating items to sell!

Members are asked to donate any unwanted household or décor items to spice up the

shopping. Also, lunch will be **SOLD** each day along with a bake sale. Various classes

have donated money and food in the past, and we hope that your generosity will be

evident again. (The cost for the lunches will be determined.)

News to Celebrate!!!

Sr. Suellen Tennyson, a Marianite sister from Kenner who had been abducted while doing missionary work in Africa, has been rescued by the U.S. military. We thank all who prayed for her release, and we respect her privacy as she recovers from this trauma.

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Heartfelt gratitude to all members of Laura Guerin-Hebert's Craft Class who created decorative door stops for all rooms on the Lakeshore campus. They add to the campus pizzazz!

Please Pray for: 🙏

Ann Brown

Milton Hanauer

The Folsie Family

Charlie Sevick

Pam Engle

Maria Benigo

In Memoriam: 💔

Anna Barbara St. Romain

Jim Adams

Mary Herrington

Mathilda Sears

Mary Zervignon

Laughter!



A woman told her friend, “I feel like my body has gotten totally out of shape, so I got my doctor’s permission to join a fitness club and start exercising.”

She said, “So, I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for one hour. But by the time I got my leotards on, the class was over.”

Staff at the Eastbank and Westbank are here to serve you!



Julie, Jan, Deanne, and Scott can be reached at the Eastbank at 504-284-7678



Doris, Phyllis, and Scott can be reached at the Westbank at 504-394-5433

😊 See our new website at: [PeopleProgram.org](https://www.PeopleProgram.org) 😊






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