

# People Program Zoom Schedule Fall

## Monday

Class #	Time	Course	Teacher	Location
M201	10:00a-10:55a	Applied Yoga	Virginia Pluta	Zoom 1
M202	10:00a-10:55a	Basic Photography	Milton Hanauer	Zoom 3
M203	10:00a-10:55a	Beyond the Pentateuch (Joshua, Judges, & Ruth)	Janine Benigher, C.S.J.	Zoom 4
M204	11:00a-11-55p	Current Events	Lee Crean	Zoom 1
M205	12:00p:12:55p	Mary Magdalene	Anne Sayas	Zoom 4
M206	01:00p-02:55p	Alzheimer's: The Science of Prevention (documentary)	Joey Caruso	Zoom 4
M207	02:00p-02:55p	Causes & Cures of Chronic Inflammation	Joey Caruso	Zoom 1

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## Zoom Schedule Fall 2022

### Tuesday

Class#	Time	Course	Instructor(s)	Location
T201	09:00a-09:55a (class continues until 10:55 without zoom)	Ukraine Egg Design	Sara Fanelli	Zoom 3
T202	10:00a -10:55a	Dance Movement	Brant Broom	Zoom 1
T203	10:00a-10:55a	Stretch	Laura Guerin-Hebert	Zoom 2
T204	10:00a-11:55a	Genealogy DNA	Phyllis Consentino	Zoom 3
T205	10:00a-10:55a	Plant Natural History	Kathy Anzelmo	Zoom 4
T206	11:00a-11:55a	Jazz Dance	Laura Guerin-Hebert	Zoom 1
T207	11:00a-11:55a	Mind, Body & Spirit Part 1	Kathy Anzelmo	Zoom 4
T208	11:00-11:55	Beg. Spanish	Jill Stone	Zoom 2
T209	12:00p-12:55p	Tone & Strength with Weights	Anna Ashard	Zoom 2
T210	12:00p-12:55p	Mind, Body, & Spirit Part 2	Kathy Anzelmo	Zoom 4
T211	01:00p-02:30p	Meditation	Elaine Roark	Zoom 2
T212	01:00p-01:55p	Yoga	LaVerne Kappel	Zoom 1

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### Wednesday

Class#	Time	Course	Instructor(s)	Location
W201	09:00a-09:55a	Yoga	LaVerne Kappel	Zoom 1
W203	10:00a-10:55a	Walk Fit	Charlene Berry	Zoom 1
W205	10:00a-10:55a	Adv. Computers Windows Projects	Max Winkeler	Zoom 4 .
W206	10:00a-11:55a	Intermediate Genealogy	Phyllis Consentino	Zoom 3
W207	10:00a-10:55a	Jin Shin Jyutsu	Cily Winkeler	Zoom 2
W208	11:00a-11:55a	War, Peace, & Power	Jim White	Zoom 2
W405	11:00a – 11:55a	Introduction to Mindfulness Meditation	Jaime Nino	Zoom _
W209	12:00p-12:55p	Intermediate French	Cily Winkeler Max Winkeler	Zoom 4
W210	12:00 - 12:55	Writing & Marketing Short Fiction	Pamela Ebel	Zoom 3
W211	01:00p-02:25p	Mind, Body, & Spirit	Kathleen Gahr & Ann Juul	Zoom 2
W212	02:00p-02:55p	Creative Writing	Beth Johnson	Zoom 4
W213	05:00p-05:55p	Wine 101	Rebekah Cossaboom	Zoom 3
W214	05:00p-05:55p	Book Club: The Book Woman of Troublesome Creek	Myra Lewis  by Kim Michele Richardson	Zoom 2



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### Thursday

Class	Time	Course	Instructor(s)	Location
TH201	09:00a-09:55a	Tai Chi for Everyone	Mary Maggiore	Zoom 2
TH202	10:00a-10:55a	Stretch	Laura Guerin-Hebert	Zoom 1
TH203	10:00a-10:55a	Italian Culture: History and Language	James Marra M.D.	Zoom 2
TH204	10:00a-10:55a	Beginning Genealogy	F Pat. Smith	Zoom 4
TH205	11:00a-11:55a	Jazz Dance	Laura Guerin-Hebert	Zoom 1
TH206	11:00a-12:15p	Short Fiction	Kathy Manchester	Zoom 4
TH207	12:00p-12:55	Beginning Tap Dance	Brant Broom	Zoom 1
TH208	01:00p-1:55p	Conversational Spanish	Elena White	Zoom 2
TH209	01:00p-2:30	Craft Workshop	Laura Guerin-Hebert	Zoom 3
TH210	01:00p-01:55p	Mind, Body, & Spirit	Kathleen Gahr & Ann Juul	Zoom 4