

# People Program Lakeshore Schedule

**Mailing Address:**

2240 Lakeshore Drive  
New Orleans, LA 70122  
Phone: (504) 284-7678

**Westbank:** (504) 394-5433

**Registration Fee:**

**\$200.00**

Monday 8/22/2022-

Thursday 12/8/2022

info@peopleprogram.org

www.peopleprogram.org

## Fall 2022

## Monday

Class #	Time	Course	Instructor(s)	Location
M401	9:00-10:55	Intermediate Art W.S. 1	Sandra Dymond	Workshop
M402	10:00-11:55	Dominoes	Carol Bigelow	Room 2
M403	10:00-10:55	Applied Yoga Bring Mat	Virginia Pluta	Dance Studio/ Zoom
M404	10:00-10:55	Beyond the Pentateuch Joshua, Judges, Ruth	Janine Beniger, C.S.J.	Conference Room/Zoom
M405	11:00-11:55	Current Events	Lee Crean	Chapel/Zoom
M406	11:00-11:55	How Money Works	Mark Schluter	Conference Room
M407	11:00-11:55	Wood Turning	Dennis Wall	Store Room
M408	11:00-11:55	Tap Dance: Interm.	Patricia Ravain	Dance Studio
M409	11:00-12:25	Painting Live Models	Juliana Saputo	Art / Sew Room
M410	11:00-12:55	Intermediate Art W.S. 3	Sandra Dymond	Workshop
M411	12:00-12:55	Walk With Weights	Pat Jacobs	Dance Studio
M412	12:00-12:55	Mary Magdelene	Ann Sayas (attending virtually)	Conference Room/Zoom
M413	12:15-1:30	Memoirs: Writing Life Stories	Cecilia Dartez	Chapel
M414	12:30-2:30	Advanced Pastel Portrait No Beginners	Juliana Saputo	Art / Sew Room
M415	1:00-1:55	Walk Fit	Susan Sievers Michaele Lux	Dance Studio
M416	1:00-3:00	Hand Building Ceramics \$30 glazing fee	Kaliecia Smith	Workshop
M417	2:00-2:55	Exercise to 60s Music	Chris Carroll	Dance Studio

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Class #	Time	Course	Instructor(s)	Location
T401	9:00-10:55	Ukraine Egg Design	Sara Fanelli	Conference Room/Zoom
T402	9:00-9:55	Strength, Flex and ROM	Janis Rozelle	Chapel
T403	10:00-10:55	Plant Natural History	Kathy Anselmo (attending virtually)	Computer Lab Zoom
T404	10:00-11:55	Crochet Size H crochet hook	Charlotte Olsonoski	Art / Sew Room
T405	10:00-10:55	Dance Movement	Brant Broom	Dance Studio/Zoom
T406	10:00-10:55	Stretch	Laura Guerin Hebert	Chapel/Zoom
T407	10:00-11:55	Upwords Board Game	Claire Wilson	Room 4
T408	10:00-11:55	Mah Jongg All Levels	Diane Schleifstein	Room 2
T409	11:00-11:55	Nutrition Against Illness and Disease	Gloria Beverly	Conference Room
T410	11:00-11:55	Jazz Dance	Laura Guerin Hebert	Dance Studio/Zoom
T411	11:00-11:55	Mind, Body, Spirit 1	Kathy Anselmo (attending virtually)	Computer Lab/Zoom

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## Tuesday (continued)

Class #	Time	Course	Instructor(s)	Location
T412	12:00-12:55	<b>Barre Ballet</b>	Monica Robinson	Dance Studio
T413	12:00-12:55	<b>Strength Training</b>	Geraldine Winand	Chapel
T414	12:00-12:55	<b>Mind, Body Spirit 2</b> (Must have part 1 completed)	Kathy Anzelmo (attending virtually)	Computer Lab /Zoom
T415	12:00-2:55	<b>Mosaics and Cement Creations</b> Fees for Supplies	Liz Pagani	Workshop
T416	12:30-2:30	<b>Bead Weaving</b>	Joan Demers	Room 3
T417	1:00-2:30	<b>Yoga</b> Bring Mat	LaVerne Kappel	Dance Studio/Zoom
T418	1:00-3:00	<b>Canasta</b>	Margie Fluitt	Room 4

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### Wednesday

Class #	Time	Course	Instructor(s)	Location
W401	9:00-9:55	Yoga Bring Mat	LaVerne Kappel	Dance Studio/Zoom
W402	10:00-10:55	Walk Fit	Charlene Berry	Dance Studio/Zoom
W403	10:00-11:55	Chess	Fred Schwab	Room 4
W404	10:00-10:55	Historical Fiction of the Civil War Book: The Killer Angels by Michael Shaara	Ken Scarbrough	Conference Room
W405	11:00-11:55	Introduction to Mindfulness Meditation	Jaime Nino	Chapel/Zoom
W406	11:00-11:55	Tap Dance: Advanced	Patricia Ravain	Dance Studio
W407	12:00-12:55	Flash Dance	Patricia Ravain	Dance Studio
W408	12:00-1:55	Pastel Painting Workshop	Edward Dalferes	Chapel
W409	12:00-12:55	Writing and Marketing Short Stories	Pam Ebel	Conference Rm/Zoom

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### Wednesday (continued)

Class #	Time	Course	Instructor(s)	Location
W410	12:15-2:55	Stained Glass	Caryl Branch	Workshop
W411	1:00-2:55	Tell It Like It Is: American Poets	Darlene Martin	Conference Room
W412	1:00-2:55	Hand Quilting	Mary Benenate	Art / Sew Room
W413	1:00-2:45	Let's Play Mah Jongg	Independent Work	Room 2

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Class #	Time	Course	Instructor(s)	Location
TH401	8:30-9:25	Crewel and Cross Stitch	Jerry Talbot	Conference Room
TH402	9:00-10:55	Drawing: All Levels	Erwin Methe, Jr.	Workshop
TH403	9:00-9:55	Strength, Flex and ROM	Janis Rozelle	Chapel
TH404	9:00-9:55	Chair Yoga	Ginger Pluta	Dance Studio/Zoom
TH405	9:00-10:55	Sewing Support	Susan Clay	Art / Sew Room
TH406				
TH407	10:00-10:55	Stretch	Laura Guerin Hebert	Dance Studio/Zoom
TH408	10:00-11:55	Acrylic Painting	Dianne Foster	Chapel
TH409	10:00-10:55	Intermediate Violin	Gus Beniger	Room 4
TH410	10:00-11:55	Scrabble	Patti Arnold	Room 2
TH411	10:30-11:25	Brazilian Embroidery	Jerry Talbot	Conference Room
TH412	10:30-11:55	Intermediate Computer	Joseph Ridolfo	Computer Lab
TH413	11:00-12:55	Beginning Machine Quilting bring your own machine	Anne Bergin, C.S.J.	Art / Sew Room

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Class #	Time	Course	Instructor(s)	Location
TH414	11:00-11:55	Jazz Dance	Laura Guerin Hebert	Dance Studio/Zoom
TH415	11:00-11:55	Beginner Violin	Gus Beniger	Room 4
TH416	11:00-12:55	Oil Painting: All Levels	Erwin Methe, Jr.	Workshop
TH417	12:00-12:55	Beginning Tap Dance	Brant Broom	Dance Studio/Zoom
TH418	12:00-1:30	Google Play Must have G-mail	Carol Mitchell	Computer Lab
TH419	12:00-12:55	Needlepoint	Jerry Talbot	Conference Room
TH420	12:00-2:55	Table Tennis	Fred Schwab	Chapel
TH421	1:00-2:55	Advanced Machine Quilting	Anne Bergin, C.S.J.	Art / Sew Room
TH422	1:00-2:30	Craft Workshop Fees for Supplies	Laura Guerin Hebert	Workshop/ Zoom
TH423	1:00-1:55	Fun With Guitar No Beginners	Keith Ibos	Room 4
TH424	1:30-2:30	Getting to Know Your Iphone/Ipad	Cindy LoCicero	Computer Lab