

# People Program Lakeshore Campus Schedule

**Mailing Address:**

2240 Lakeshore Drive  
New Orleans, LA 70122  
Phone: (504) 284-7678  
Westbank: (504) 394-5433

**Registration Fee:**

**\$200.00**  
Monday 8/22/2022-  
Thursday 12/8/2022  
info@peopleprogram.org  
www.peopleprogram.org

**Fall 2022**

## In Person Classes

**Monday**

| Class # | Time        | Course  | Instructor(s)                      | Location                |
|---------|-------------|---|------------------------------------|-------------------------|
| M401    | 9:00-10:55  | Intermediate Art W.S. 1                         | Sandra Dymond                      | Workshop                |
| M402    | 10:00-11:55 | Dominoes  | Carol Bigelow                      | Room 2                  |
| M403    | 10:00-10:55 | Applied Yoga<br>Bring Mat                       | Virginia Pluta                     | Dance Studio/<br>Zoom   |
| M404    | 10:00-10:55 | Beyond the Pentateuch<br>Joshua, Judges, Ruth   | Janine Beniger, C.S.J.             | Conference<br>Room/Zoom |
| M405    | 11:00-11:55 | Current Events                                  | Lee Crean                          | Chapel/Zoom             |
| M406    | 11:00-11:55 | How Money Works                                 | Mark Schluter                      | Conference<br>Room      |
| M407    | 11:00-11:55 | Wood Turning                                    | Dennis Wall                        | Store Room              |
| M408    | 11:00-11:55 | Tap Dance: Interm.                              | Patricia Ravain                    | Dance Studio            |
| M409    | 11:00-12:25 | Painting Live Models                            | Juliana Saputo                     | Art / Sew<br>Room       |
| M410    | 11:00-12:55 | <del>FULL Intermediate Art W.S. 3 -- FULL</del> | Sandra Dymond                      | Workshop                |
| M411    | 12:00-12:55 | Walk With Weights                               | Pat Jacobs                         | Dance Studio            |
| M412    | 12:00-12:55 | Mary Magdalene                                  | Ann Sayas<br>(attending virtually) | Conference<br>Room/Zoom |
| M413    | 12:15-1:30  | Memoirs: Writing Life Stories                   | Cecilia Dartez                     | Chapel                  |
| M414    | 12:30-2:30  | Advanced Pastel Portrait<br>No Beginners        | Juliana Saputo                     | Art / Sew<br>Room       |
| M415    | 1:00-1:55   | Walk Fit  | Susan Sievers<br>Michaele Lux      | Dance Studio            |
| M416    | 1:00-3:00   | FULL -- Ceramics -- FULL<br>\$30 glazing fee    | Kaliecia Smith                     | Workshop                |
| M417    | 2:00-2:55   | Exercise to 60s Music                           | Chris Carroll                      | Dance Studio            |

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## In Person Classes

**Tuesday**

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|---------|-------------|---------------------------------------|--|----------------------|
| T401    | 9:00-10:55  | Ukraine Egg Design                    | Sara Fanelli                           | Conference Room/Zoom |
| T402    | 9:00-9:55   | Strength, Flex and ROM                | Janis Rozelle                          | Chapel               |
| T403    | 10:00-10:55 | Plant Natural History                 | Kathy Anselmo<br>(attending virtually) | Computer Lab<br>Zoom |
| T404    | 10:00-11:55 | Crochet<br>Size H crochet hook        | Charlotte Olsonoski                    | Art / Sew<br>Room    |
| T405    | 10:00-10:55 | Dance Movement                        | Brant Broom                            | Dance<br>Studio/Zoom |
| T406    | 10:00-10:55 | Stretch                               | Laura Guerin Hebert                    | Chapel/Zoom          |
| T407    | 10:00-11:55 | Upwords<br>Board Game                 | Claire Wilson                          | Room 4               |
| T408    | 10:00-11:55 | Mah Jongg<br>All Levels               | Diane Schleifstein                     | Room 2               |
| T409    | 11:00-11:55 | Nutrition Against Illness and Disease | Gloria Beverly                         | Conference<br>Room   |
| T410    | 11:00-11:55 | Jazz Dance                            | Laura Guerin Hebert                    | Dance<br>Studio/Zoom |
| T411    | 11:00-11:55 | Mind, Body, Spirit 1                  | Kathy Anselmo<br>(attending virtually) | Computer<br>Lab/Zoom |

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### Tuesday (continued)

| Class # | Time        | Course  | Instructor(s)                          | Location              |
|---------|-------------|---|--|-----------------------|
| T412    | 12:00-12:55 | Barre Ballet  | Monica Robinson                        | Dance Studio          |
| T413    | 12:00-12:55 | FULL -- <del>Strength Training</del> -- FULL        | Geraldine Winand                       | Chapel                |
| T414    | 12:00-12:55 | Mind, Body Spirit 2<br>(Must have part 1 completed) | Kathy Anzelmo<br>(attending virtually) | Computer Lab<br>/Zoom |
| T415    | 12:00-2:55  | Mosaics and Cement Creations<br>Fees for Supplies   | Liz Pagani                             | Workshop              |
| T416    | 12:30-2:30  | Bead Weaving  | Joan Demers                            | Room 3                |
| T417    | 1:00-2:30   | FULL – Yoga – FULL<br>ZOOM STILL AVAILABLE          | LaVerne Kappel                         | Dance<br>Studio/Zoom  |
| T418    | 1:00-3:00   | Canasta   | Margie Fluitt                          | Room 4                |

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## Fall 2022 In Person Classes

### Wednesday

| Class # | Time          | Course   | Instructor(s)               | Location              |
|---------|---------------|--|-----------------------------|-----------------------|
| W401    | 9:00-9:55     | FULL – <del>Yoga</del> --FULL<br>ZOOM STILL AVAILABLE  | LaVerne Kappel              | Dance<br>Studio/Zoom  |
| W402    | 10:00-10:55   | FULL -- <del>Walk-Fit</del> – FULL<br>ZOOM STILL AVAILABLE   | Charlene Berry              | Dance<br>Studio/Zoom  |
| W403    | 10:00-11:55   | Chess  | Fred Schwab                 | Room 4                |
| W404    | 10:00-10:55   | Historical Fiction of the Civil War<br>Book: The Killer Angels by<br>Michael Shaara  | Ken Scarbrough              | Conference<br>Room    |
| W405    | 11:00-11:55   | Introduction to Mindfulness<br>Meditation  | Jaime Nino                  | Chapel/Zoom           |
| W406    | 11:00-11:55   | Tap Dance: Advanced  | Patricia Ravain             | Dance Studio          |
| W414    | 11:00 – 11:55 | Poetry Seminar   | Ellen Kocher /<br>Kay Lopez | Conference<br>Room    |
| W407    | 12:00-12:55   | Flash Dance  | Patricia Ravain             | Dance Studio          |
| W415    | 12:00 – 12:55 | Book Club:” Recommend Your<br>Favorite Book & Share Why You Liked<br>It. (no spoilers!) (*to be held every<br>other Wednesday) | Linda Castoriano            | Room 2                |
| W408    | 12:00-1:55    | Pastel Painting Workshop   | Edward Dalferes             | Chapel                |
| W409    | 12:00-12:55   | Writing and Marketing Short Stories  | Pam Ebel                    | Conference<br>Rm/Zoom |

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**Fall 2022****In Person Classes****Wednesday (continued)**

| Class # | Time       | Course                             | Instructor(s)    | Location        |
|---------|------------|------------------------------------|------------------|-----------------|
| W410    | 12:15-2:55 | Stained Glass                      | Caryl Branch     | Workshop        |
| W411    | 1:00-2:55  | Tell It Like It Is: American Poets | Darlene Martin   | Conference Room |
| W412    | 1:00-2:55  | Hand Quilting                      | Mary Benenate    | Art / Sew Room  |
| W413    | 1:00-2:45  | Let's Play Mah Jongg               | Independent Work | Room 2          |

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## In Person Classes

### Thursday

| Class # | Time        | Course   | Instructor(s)       | Location          |
|---------|-------------|--|---------------------|-------------------|
| TH401   | 8:30-9:25   | Crewel and Cross Stitch                                  | Jerry Talbot        | Conference Room   |
| TH402   | 9:00-10:55  | Drawing: All Levels                                      | Erwin Methe, Jr.    | Workshop          |
| TH403   | 9:00-9:55   | Strength, Flex and ROM                                   | Janis Rozelle       | Chapel            |
| TH404   | 9:00-9:55   | Chair Yoga   | Ginger Pluta        | Dance Studio/Zoom |
| TH405   | 9:00-10:55  | Sewing Support   | Susan Clay          | Art / Sew Room    |
| TH406   |             |  |                     |                   |
| TH407   | 10:00-10:55 | <del>FULL – Stretch – FULL</del><br>ZOOM STILL AVAILABLE | Laura Guerin Hebert | Dance Studio/Zoom |
| TH408   | 10:00-11:55 | Acrylic Painting   | Dianne Foster       | Chapel            |
| TH409   | 10:00-10:55 | Intermediate Violin                                      | Gus Beniger         | Room 4            |
| TH410   | 10:00-11:55 | Scrabble   | Patti Arnold        | Room 2            |
| TH411   | 10:30-11:25 | Brazilian Embroidery                                     | Jerry Talbot        | Conference Room   |
| TH412   | 10:30-11:55 | Intermediate Computer                                    | Joseph Ridolfo      | Computer Lab      |
| TH413   | 11:00-12:55 | Beginning Machine Quilting<br>bring your own machine     | Anne Bergin, C.S.J. | Art / Sew Room    |

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### Thursday (continued)

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|---------|-------------|-------------------------------------|---------------------|-------------------|
| TH414   | 11:00-11:55 | Jazz Dance                          | Laura Guerin Hebert | Dance Studio/Zoom |
| TH415   | 11:00-11:55 | Beginner Violin                     | Gus Beniger         | Room 4            |
| TH416   | 11:00-12:55 | Oil Painting: All Levels            | Erwin Methe, Jr.    | Workshop          |
| TH417   | 12:00-12:55 | Beginning Tap Dance                 | Brant Broom         | Dance Studio/Zoom |
| TH418   | 12:00-1:30  | Google Play<br>Must have G-mail     | Carol Mitchell      | Computer Lab      |
| TH419   | 12:00-12:55 | Needlepoint                         | Jerry Talbot        | Conference Room   |
| TH420   | 12:00-2:55  | Table Tennis                        | Fred Schwab         | Chapel            |
| TH421   | 1:00-2:55   | Advanced Machine Quilting           | Anne Bergin, C.S.J. | Art / Sew Room    |
| TH422   | 1:00-2:30   | Craft Workshop<br>Fees for Supplies | Laura Guerin Hebert | Workshop/<br>Zoom |
| TH423   | 1:00-1:55   | Fun With Guitar<br>No Beginners     | Keith Ibos          | Room 4            |
| TH424   | 1:30-2:30   | Getting to Know Your Iphone/Ipad    | Cindy LoCicero      | Computer Lab      |